

THURSDAY 17 OCTOBER 2019

19:30 - 22:00 Networking Dinner (The Met Hotel)

FRIDAY 18 OCTOBER 2019

08:45 - 09:15 Registration

09:15 - 09:30 Welcome and scene setting
Dr Helen Fidler

Session 1 – Gastroenterology - equality for all

09:30 - 10:00 Gender Pay Gap
Dame Professor Jane Dacre

10:00 - 10:15 BSG demographics/elections
Dr Danielle Morris

10:15 - 10:30 Flexibility and Wellbeing – actions not words
Dr Harriet Gordon

10:30 - 10:45 Champions of LTFT training – what next?
Dr Shairoz Samji

10:45 - 11:00 **BREAK**

Session 2 – Consultants and the BSG

11:00 - 11:30 Grasping the Nettle – starting your consultant career
Dr Anjan Dhar & Dr Ajay Verma

11:30 - 12:00 Time to think about pension pitfalls
Dr Phil de Warren Penny

12:00 - 12:30 Job planning
Dr Melanie Lockett

12:30 - 12:45 Surveys and what they tell us for the future
Dr Misha Kabir

12:45 - 13:00 Trainees – the future of gastroenterology
Dr Paul Flanagan

13:00 - 13:45 **LUNCH**

Session 3 - Learn how to do it better - Interactive workshops (Dr Falk)

13:45 - 14:45 Workshop 1/2 – Effective time management, including assertiveness and mindfulness training

14:45 - 15:45 Workshop 2/2 – How to get what you want in 10 steps

Session 4 - Every gastroenterologist matters - culture and collaboration

15:45 - 16:00 International SWiG
Dr Manmeet Matharoo

16:00 - 16:30 Gender Diversity - a priority and benefit for everyone
Dr Philip Smith

16:30 - 17:00 **OPEN DISCUSSION**